

JAPAN AND THE PHILIPPINES



PACKING CHECKLIST

PACKING TIPS

Weather conditions can change from one extreme to the other quite quickly. We recommend packing clothes that can be layered. In the event of a wet landing, suitable wet landing shoes, pants which can be rolled up, shorts or a cotton skirt/dress are ideal. A lightweight long-sleeved shirt will help provide protection from the sun or any mosquitoes, and a light jumper is a great way to take the chill of a breezy night.

A rain jacket is also essential in case of wet weather. A wrap scarf to cover shoulders easily is also recommended for cultural experiences requiring additional modesty. The below packing checklist will make packing for your expedition simple.

EXPEDITION BASICS:

- ☐ Small day pack to take on excursions for water or photography equipment and other supplies - preferably waterproof. Water resistant backpacks available for purchase onboard (Our CE branded Carabee backpacks are not waterproof or water resistant)
- ☐ Preferred supplies to stay hydrated: hydralite powder/tablets for your water bottle, Camelbak or hydration pack
- ☐ Sunhat with brim (available for purchase onboard)
- ☐ Swimsuit and/or board shorts (for swimming opportunities)
- ☐ Comfortable, broken-in walking shoes, hiking boots if preferred
- ☐ Wet landing shoes such as reef walkers or Teva's for any potential wet landings (see images below)
- ☐ Comfortable pants, shorts, or fitness gear for walks
- ☐ Long-sleeve shirt or rashie for sun protection
- ☐ A light windbreaker jacket and scarf for cool sea breezes
- ☐ Sunscreen, lip balm & insect repellent and sunburn relief products - A supply is available onboard; however you may wish to bring your own. We recommend and supply Marine Friendly SPF 50+ sunscreen on board which is non-toxic to marine life

EXAMPLES OF WET LANDING SHOES



ONBOARD:

- ☐ Sandals or casual shoes for onboard use
- ☐ Comfortable or smart-casual clothing
- ☐ Light long-sleeved shirts to layer
- ☐ Preferred personal hygiene products (additional to those amenities supplied onboard) and any prescription medications for the length of voyage

LIST OF SUGGESTED ITEMS:

- ☐ Hiking sticks for navigating uneven surfaces
- ☐ Long-sleeve shirt or rashie for sun protection (available for purchase onboard)
- ☐ Binoculars
- ☐ Camera with battery charger and memory cards
- ☐ Seasickness pills or bracelets if you are prone to seasickness (available to be dispensed on board at a cost)
- ☐ Rain jacket, lightweight (available for purchase onboard)
- ☐ Earplugs and/or eye-shade for light sleepers
- ☐ Plug adapters or voltage converters
- ☐ Small collapsible umbrella for shade and sun protection (rain umbrellas are available onboard for use)

PACK IN CARRY-ON:

- ☐ Prescription medication